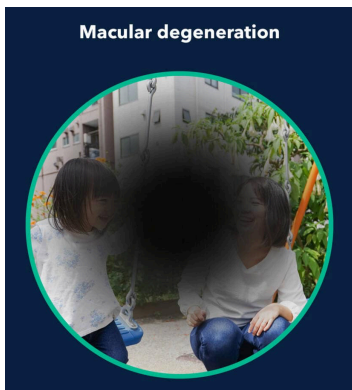


Low Vision in OT

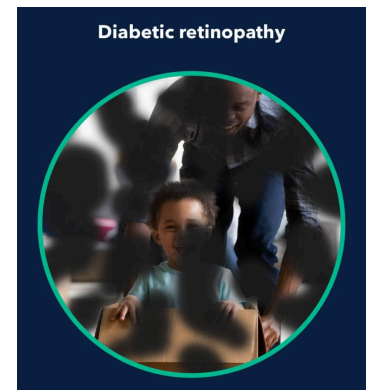
Why is it Important?

Low vision can affect how individuals participate in daily activities, like grooming, dressing, feeding, work/play & more!

Types of Low Vision



- Glaucoma
- Cataracts
- Macular degeneration
- Tunnel vision
- Diabetic retinopathy



Accommodations

| | | |
|---------------------------------------|--|-------------------------|
| Brighter task lighting | Contrast tape | Smart glasses |
| Braille | Voice activated equipment (Alexa, Google Home, Siri) | Text-to-speech software |
| Bigger font size on phone or computer | Audiobooks | Magnifiers |

Activities of Daily Living (ADL)

Adaptive Equipment



Purpose

ADL adaptive equipment are products used to increase, maintain, or improve functional capabilities to complete ADLs independently and safely for individuals who have an injury or disability.

Types of ADL Adaptive Equipment

| | |
|--|--|
| <h4><u>Dressing</u></h4> <ul style="list-style-type: none">• Reacher• Dressing stick• Sock aid• Long handle shoe horn• Button aid• Elastic shoe laces | <h4><u>Feeding</u></h4> <ul style="list-style-type: none">• Weighted utensils• Nosey cup• Lipped plate/bowl• Adapted cutting board• Rocker knife |
| <h4><u>Bathing</u></h4> <ul style="list-style-type: none">• Long handle sponge• Tub bench• Grab bars• Non-slip mats• Hand-held shower head | <h4><u>Grooming</u></h4> <ul style="list-style-type: none">• Universal cuffs• Automatic toothpaste dispenser• Mounted nail clipper• Hair dryer holder |

